#### PRICE LIST

# for paid medical services rendered HI "Uzda CDH" citizens of the Republic of Belarus according to their desire

### Physical therapy

| <u>No</u><br>positions | The name paid medical services | The rate of VAT (Br.) | The cost of the materials used (Br.) | Total cost<br>of<br>services<br>VAT (Br.) |
|------------------------|--------------------------------|-----------------------|--------------------------------------|---|
|                        | Hot stone massage              |                       |                                      |   |
| 1                      | Hot stone massage              | 9br45k                | 3br35k                               | 12br80k                                   |

Base: 1) The order of HI "Uzda CDH" from 30.09.2016, №348-A.

#### PRICE LIST

for paid medical services rendered ME "Uzda TSRB" citizens of the Republic of Belarus according to their desire

## Physical therapy

| №<br>positions | The name paid medical services | The rate of VAT (Br.) | The cost of the materials used (Br.) | Total cost<br>of<br>services<br>VAT (Br.) |
|----------------|--------------------------------|-----------------------|--------------------------------------|---|
|                | Anti-cellulite massage         |                       |                                      |   |
| 1              | Anti-cellulite massage         | 4br87k                | 2br71k                               | 7br58k                                    |

Base: 1) The order of HI "Uzda CDH" from 25.05.2016, №217-A.

2) The order of HI "Uzda CDH" from 29.06.2016, №250-A.

#### PRICE LIST

for paid medical services rendered ME "Uzda TSRB"

for citizens of the Republic of Belarus according to their desire

Massage

| №<br>positions | The name paid medical services  | The rate of VAT (Br.) | The cost of the materials used (Br.) | Total cost<br>of<br>services<br>VAT (Br.) |
|----------------|---|-----------------------|--------------------------------------|---|
| 1              | Massage service   |                       |                                      |   |
| 1.1            | Head massage (fronto-temporal and occipital-<br>parietal region)  | 1br10k                |                                      | 1br10k                                    |
| 1.2            | Facial massage (frontal, periorbital, upper and mandibular region)  | 1br10k                |                                      | 1br10k                                    |
| 1.3            | Neck massage  | 1br10k                |                                      | 1br10k                                    |
| 1.4            | Collar zone massage (back neck surface, back to the level of the 4th thoracic vertebra, the anterior surface of a thorax to the 2nd rib)                            | 1br65k                |                                      | 1br65k                                    |
| 1.5            | Massage of the upper limb   | 1br65k                |                                      | 1br65k                                    |
| 1.6            | Massage of the upper limb, shoulder girdle and the shoulder blade   | 2br21k                |                                      | 2br21k                                    |
| 1.7            | Massage the shoulder joint (third of the shoulder region the shoulder joint and shoulder girdle the same side)  | 1br10k                |                                      | 1br10k                                    |
| 1.8            | Massage the elbow joint (upper third of forearm, elbow joint region and lower third of shoulder)  | 1br10k                |                                      | 1br10k                                    |
| 1.9            | Massage of radiocarpal joint (proximal department of a brush, area wrist joint and forearm)   | 1br10k                |                                      | 1br10k                                    |
| 1.10           | Massage the hand and forearm  | 1br10k                |                                      | 1br10k                                    |
| 1.11           | Massage the chest (the anterior surface of a thorax from forward borders of shoulder girdle to costal arches and back area from the 7th to the 1st lumbar vertebra) | 2br76k                |                                      | 2br76k                                    |
| 1.12           | Back massage (from the 7th cervical to the 1st lumbar vertebra and from the left till the right middle axillary line)   | 1br65k                |                                      | 1br65k                                    |
| 1.13           | Massage muscles of the anterior abdominal wall  | 1br10k                |                                      | 1br10k                                    |
| 1.14           | Massage lumbosacral region (from the 1st lumbar vertebra to the lower gluteal folds)  | 1br10k                |                                      | 1br10k                                    |
| 1.15           | Segmental massage lumbosacral region  | 1br65k                |                                      | 1br65k                                    |

| 1.16 | Massage of back and lumbar (from the 7th cervical vertebra to sacrum and from the left till the right middle axillary line)                                    | 2br21k | 2br21k |
|------|--|--------|--------|
| 1.17 | Massage cervical-thoracic spine (the posterior surface of the neck and back area till the first lumbar vertebra and from left to right back and axillary line) | 2br21k | 2br21k |
| 1.18 | Segmental massage cervical-thoracic spine  | 3br30k | 3br30k |
| 1.19 | Massage the spine (posterior surface of the neck, back and lumbosacral region from left till right posterior axillary line)                                    | 2br76k | 2br76k |
| 1.20 | Massage of the lower limb  | 1br65k | 1br65k |
| 1.21 | Massage of the lower extremity and waist (area of foot, shin, thigh, gluteal and lumbosacral region)   | 2br21k | 2br21k |
| 1.22 | Massage the hip joint (the upper third of the thigh, hip joint and gluteal region the same side)   | 1br10k | 1br10k |
| 1.23 | Massage the knee joint (upper third of the leg, the knee joint and lower third of the thigh)   | 1br10k | 1br10k |
| 1.24 | Massage of an ankle joint (proximal Department of foot, ankle joint region and lower third of the leg)   | 1br10k | 1br10k |
| 1.25 | A foot massage of a shin   | 1br10k | 1br10k |
| 1.28 | Acupressure  | 3br30k | 3br30k |

Base: 1) The order of HI "Uzda CDH" from 12.08.2016, №296-A.

You should have: 1) Oil, cream or gel for massage;

2) A disposable napkin (or diaper, or towel).